

EAS/EmployeeAssistanceServices
Employee Assistance-Psychotherapy
Tom Lavin MFT, LADC
557 California Avenue
Reno, NV 89509
775-323-3330
www.EASEAP.com

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**“The place to improve the world is first
in one’s own heart and head and hands,
and then work outward from there.”**

Zen and the Art of Motorcycle Maintenance, Robert M. Pirsig